

10.6. Patient in a non-healthcare setting/hotel should have a follow up plan

10.6.1. Patients will be followed up daily to monitor clinical progression i.e. fever, blood pressure, oxygen saturation etc. and adherence to therapy by a mobile team.

10.6.2. If patients are on medication, repeat baseline investigation:

Full Blood Count (FBC), Renal Function Test (RFT), Liver Function Test (LFT), Electrocardiogram (ECG) every 72 hrs.

10.6.3. Discharge if two (2) Negative tests taken more than twenty-four (24) hours apart and the patient is clinically stable with not active complaints or fever.

10.6.4. Patients with clinical deterioration or new symptoms should be transferred immediately to any allocated hospital by ambulance.

10.7. Ensure the isolation room and transport used for COVID-19 patients are effectively disinfected using hospital grade disinfectants e.g. BIOTAB7 which should be approved by MOHAP, after use.

11. RECOMMENDATION SEVEN: TREATMENT REGIMEN OF STABLE PATIENTS

11.1. Patients might need to be on symptomatic treatment only (antipyretics, cough syrup, nasal decongestants, etc.).

11.1.1. For further information on the treatment regimen of stable patients, refer to the National guidelines for clinical management and treatment of COVID19.

12. RECOMMENDATION EIGHT: REQUIREMENTS FOR HOME OR NON-MEDICAL FACILITY ISOLATION

12.1. Ensure the following criteria and patient groups are eligible for home isolation: